

# Functional Medicine Lab Tests

## Omega 3 and Inflammation Test: \$229.00

**issues, blood pressure imbalance, joint pain or systemic inflammation?**

This easy, at-home lab test measures your levels of inflammation & cardiovascular health based on a ratio of Omega 6 to Omega 3 fats.

**Collection Method: Finger Prick**

## Complete Food Sensitivity Test: \$315.00

**Do you suffer from itchy skin, headaches, joint pain, skin rashes, low mood, irritability, brain fog, inflammation, muscle weakness, or mystery pain & stiffness?**

Solve your food-based health mysteries by testing your levels of sensitivity to 190 common foods.

**Collection Method: Finger Prick**

## Complete Minerals and Metal Test: \$247.00

**Do you suffer from high stress, anxiety, overwhelm, highs/low in energy, headaches, skin rashes, tingling/numbness or poor sleep?**

This test measures your mineral levels, including your electrolytes. Electrolytes give you the energy you need to get through your busy day, as well as buffer the effects of stress. No test is better at assessing these levels OR looking at potential heavy metal toxicity.

**Collection Method: Hair Sample**

## Complete Stress, Sleep and Hormones Test: \$315.00

**Do you suffer from fatigue, loss of stamina, high stress, sleep issues, memory loss, low libido, overwhelm, anxiety, irritability, low mood, weight gain, menstrual irregularity, rapid aging?**

This adrenal fatigue, stress, hormone, and energy test is a great way to discover your level of stress and overall burnout. It measures some of your most important hormones, including any imbalances between levels of estrogen & progesterone.

**Collection Method: Saliva**

## Complete Gut Bacteria & Parasite Test: \$547.00

**Do you suffer from diarrhea, abdominal cramps, brain fog, chronic stress, fatigue, headaches, nausea/vomiting, or blood or mucus in stools?**

This test measures the balance of "good" and "bad" bacteria in your gut. An imbalance in these bacteria can lead to a host of symptoms (not just stomach aches!). This test also tests for parasites, which are organisms we NEVER want lurking in our intestines!

**Collection Method: Stool Sample**



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## Complete Stress (Hormones), Mood & Metabolism Test: \$449.00

**Do you suffer from low energy, low mood, low libido, weight gain, anxiety, depression, brain fog, or thinning, brittle hair?**

This easy, at-home lab test measures your levels of thyroid hormones, Vitamin D & adrenal hormones in addition to measuring how your blood sugar levels are being managed. Perfect for anyone looking to lose weight, as weight loss has less to do with daily caloric intake or how much you exercise and everything to do with hormone balance, cortisol levels and metabolism.

**Collection Method: Saliva & Finger Prick**

## Complete Candida, Metabolic & Vitamins Test: \$449.00

**Do you suffer from digestive issues, bloating, gas, acid reflux, constipation, diarrhea, mood irregularities, or immune dysfunction?**

Using just this simple at-home, urine collection lab you can assess how well your digestive system is functioning, along with your energy and mood markers. Plus, you'll be able to actually see whether you're truly getting all the vitamins you need from your current diet plan.

**Collection Method: Urine**



## Bundles:

### Comprehensive Vitamin, Mineral & Digestion Tests: \$497.00

- Complete Candida, Metabolic & Vitamins Test
- Complete Minerals and Metals Test

### Comprehensive Food, Vitamin & Digestion Tests: \$597.00

- Complete Candida, Metabolic & Vitamins Test
- Complete Food Sensitivity Test

### - Comprehensive Food, Vitamin, Digestion & Parasite Tests: \$1,198.00

- Complete Candida, Metabolic & Vitamins Test
- Complete Food Sensitivity Test
- Gut Bacteria and Parasite Test

## Comprehensive "Big 5" Lab Tests: \$1,395

The "Big 5" Labs include the...

- Complete Candida, Metabolic & Vitamins Test
- Complete Food Sensitivity Test
- Complete Minerals and Metals Test
- Omega 3 and Inflammation
- Complete Thyroid & Adrenal Hormone